



Catholic Diocese of Phoenix

Remaining Vigilant: Keeping Our Communities Safe

Renewal Participant Guide

Vigilant: (adj) keenly watchful and alert

Reflection Questions:

- What is one thing that you learned or was reinforced during the renewal video?
- Why is it so important to remain vigilant at home, in ministry, in the community at large?
- What are three things you can do to remain vigilant against child abuse?

Grooming: (verb) deliberate actions taken by an adult to form a trusting relationship with a child with the intent of later having sexual contact

Offender's grooming techniques include:

- Giving gifts
- Increased touching
- Bribery
- Breaking down relationship with parents
- Tickling
- Excessive compliments
- Share interests
- Threats

Who are offenders:

90% of the time the victim knows the offender

- 60% acquaintance or friend
- 30% family member
- 10% stranger

Sex offenders come from all walks of life and from all socio-economic groups.

Women molest 10% of all female victims and 15% of male victims.

Registered Sex Offenders:

- 673,789 registered sex offenders in the United States
- 14,500 registered sex offenders in Arizona

The majority of all sex offenders are not registered because they have not been caught.

You can identify the registered sex offenders in your zip code by going to Arizona Sex Offender's Info Center:

<http://az.gov/webapp/offender/searchZip.do>

Please pray for the end of all abuse!



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Diocese of Phoenix
400 E. Monroe
Phoenix, AZ 85004

Safe Environment Office
602-354-2418
safeenvironment@diocesephoenix.org

Child & Youth Protection Office
602-354-2396
Jsokol@diocesephoenix.org

Catholic Schools Office
602-354-2341

Child Protective Services
1(888) SOS Child
1(888)767-2445

Adult Protective Services
1(877)737-2385

Effects of Child Abuse:

Short Term Effects May Include:

Sudden changes including: anger outbursts, tearful, abnormal fear, anxious, hyper vigilant, nightmares, decrease in ability to care for self, learning problems, difficulty concentrating, sexually acting out, feelings of being dirty or unworthy, and the trusting nature of the child may be absent.

Long Term Effects May Include:

Low self esteem, powerlessness, shame, worthlessness, stunted in social maturity, sexual promiscuity or sexual anorexia, drug/alcohol abuse, problems developing intimate and loving relationships, and inability to trust authority.

As an adult, the wounds of abuse are not blatantly apparent. When you meet someone who was sexually abused as a child you might see an adult who may have: addictions, eating disorders, dropped out of school, cannot keep a job, socially immature, no friends, many broken marriages/relationship, promiscuity, alienates their family, a high rate of revictimization, and unresolved mental health issues.

Professional Boundaries: (noun) guidelines that determine appropriate behavior which dictates how to properly interact with minors

Reflection Questions:

- What were some of the professional boundaries listed in the video? What are others?
- Why is it so important that every adult working with children consistently maintains professional boundaries?
- What should you do if you see someone breaking professional boundaries?



Together we can make our Faith Environments Safe Environments!